

TEEN HELP CARD

**HELpline- 24 Hour Crisis/Suicide Line
(951) 686-HELP**

TEEN HEALTH CONCERNS

Riverside Co. Regional Medical Center Teen Health Hotline (8 am. – 5 pm., M-Th)	(951) 486-4000 1-800-794-4814 or (951) 358-5192
Planned Parenthood National Life Center (24 hrs) Sexually Transmitted Diseases Control	1-888-743-7526 1-800-848-5683 1-800-243-7275 or (951) 358-5307
Eastside Medical Center	(951) 213-3450

ALCOHOL & DRUG INFORMATION

Alateen (24 hrs)	(909) 824-1516
Alcoholics Anonymous (24 hrs)	(909) 825-4700
Riverside County Substance Abuse Program	(951) 955-2105
California Resource Center	1-800-879-2772
Federal Substance Abuse & Mental Health Admin.	1-800-729-6686
Substance Abuse Referrals	1-800-662-4357

JOBS/VOLUNTEER OPPORTUNITIES FOR TEENS

Workforce Development Center	(951) 955-3100
Job Corps	1-800-733-JOBS
Riverside Youth Consortium	(951) 955-2209
Career Technical Education	(951) 826-6450
Community Connect of Riverside County	(951) 686-4402

211 Riverside County
(24 Hour Information & Referral Line)

Dial 211 or
1-800-464-1123

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SUICIDE PREVENTION/INTERVENTION

HELPLINE (24 hrs)	(951) 686-4357
National Suicide Hotline	1-800-SUICIDE
California Youth Crisis Line (24 hrs)	1-800-843-5200
Teen Line (6 pm – 10 pm)	1-800-852-8336
Children's Treatment Services	(951) 358-4840
Poison Control (24 hrs)	1-800-876-4766

RUNAWAY SERVICES

Operation Safehouse	(951) 351-4418
National Runaway Switch Board (24 hrs)	1-800-RUNAWAY
Covenant 9 Line (1 pm- 5pm)	1-800-999-9999

PHYSICAL OR SEXUAL ABUSE/ EMOTIONAL HARM

Child Abuse Hotline (24 hrs)	1-800-442-4918
Domestic Violence (24 hrs)	(951)683-0829
Domestic Violence (Countywide)	1-800-339-7233
Rape Crisis Center (24 hrs)	(951) 686-7273
Rape Crisis Center (Southwest County Callers)	1-866-686-7273
Childhelp USA (24 hrs)	1-800-4-A-CHILD

COUNSELING

Family Service Association	(951) 686-1096
Children's Treatment Services	(951) 358-4840
Caroline E. Wylie Center	(951) 683-5193
Lesbian, Gay, Bisexual, Transgender Hotline	1-888-843-4564
Boy's Town	1-800-448-3000